



READING SWIMMING CLUB

Affiliated to the South East Region
(Under ASA Laws and Technical Rules of swimming)

PRESENT

**Reading Easter Open Swim Meet
Level 2
(Licence Applied For)**

EASTER WEEKEND, Friday 6th April to Sunday 8th April 2012

Central Pool, Reading

*** ANTI - WAVE LANE ROPES *6 LANE 25M POOL *
ELECTRONIC TIMING**

CLOSING DATE FOR ENTRIES - MIDNIGHT Monday 5th March 2012

Reading Easter Open 2012 Schedule of Events

Friday 6th April	Saturday 7th April	Sunday 8th April
	Morning 08:20 warm-up 09:00 Start 211 Female 200 Breaststroke 212 Male 200 Fly 213 Female 100m Fly 214 Male 100m Breaststroke	Morning 08:20 warm-up 09:00 Start 311 Female 400m Freestyle 312 Male 400 Freestyle 313 Female 200m Backstroke 314 Male 200m Backstroke
Afternoon 12:00 warm-up 13:00 Start 111 Female 50m Freestyle 112 Male 1500m Freestyle 113 Female 400m IM	Afternoon 12:30 warm up for 13:30 start 221 Female 200m Freestyle 222 Male 200m Freestyle 223 Female 100 Backstroke 224 Male 100m Fly	Afternoon 12:10 warm up for 13:10 start 321 Female 200 IM 322 Male 200m IM 323 Female 200m Fly 324 Male 200m Breaststroke
Evening 16:00 warm-up for 17:00 start 121 Male 50m Freestyle 122 Female 800m Freestyle 123 Male 400m IM	Evening 17:00 warm- up 18:00 Start 231 Female 100m Breaststroke 232 Male 100m Backstroke Female Junior Freestyle Skins Female Senior Freestyle Skins Male Junior Freestyle Skins Male Senior Freestyle Skins	Evening 16:00 warm- up 17:00 Start 331 Male 100 Freestyle 332 Female 100 Freestyle Male Junior Medley Skins Female Junior Medley Skins Male Senior Medley Skins Female Senior Medley Skins

Session Times may be adjusted depending on the number of entries.

READING SWIMMING CLUB Reading Easter Open Swim Meet

Affiliated to the South East Region
(Under ASA Laws and Technical Rules of swimming)

EASTER WEEKEND, Friday 6th – Sunday 8th April 2012

PROMOTERS CONDITIONS

LICENSED MEET

This event is licensed at level 2 (license number XXXXXX) and shall be run under ASA laws and technical rules and the promoters conditions. The competition is open to all swimmers who are at least 10 years old on the final day of the meet and who are registered competitive members of the ASA (cat 2).

VENUE

This competition will be held at Central Pool, Battle Street, Reading, Berkshire, RG1 7NU. The competition shall be held in a 6 lane 25m pool with anti-turbulence lane ropes, supervised swim down and electronic timing and display will be in operation.

AGE GROUPS

10, 11, 12, 13, 14, 15 and 16 and over, as at 8th April 2012.

EVENTS OFFERED

- ✓ 50m Freestyle
- ✓ 100m all strokes
- ✓ 200m all strokes, plus IM
- ✓ 400m IM and Freestyle
- ✓ 800m Freestyle for age 11 and over, female only
- ✓ 1500m Freestyle for age 11 and over, male only
- ✓ 50m Freestyle skins for the Top 6 Senior (14 & over) 50m swimmers
- ✓ 50m Medley skins for the Top 6 Senior (14 & over) from 200 Individual Medley
- ✓ 50m Freestyle skins for the Top 6 Junior (13 & under) 50m swimmers
- ✓ 50m Medley skins for the Top 6 Junior (13 & under) from 200 Individual Medley

Heats will be seeded in entry time order regardless of age group.

PRIZES

Medals are awarded for all Age Group Gold, Silver and Bronze positions.

Senior Medley and Freestyle Skins: £50 for the winner. £10 per round winner (Heats 1 to 4)
Prize money for each heat winner is to encourage faster heats.

Junior Medley and Freestyle Skins: £10 for winner only.

Additionally there are awards for Top Boy and Girl in each age group. This will be based on points awarded from top 6 finishes scored first 6 points sixth 1 point.

Also an award will go to the Top Visiting Club. This will be based on points awarded as above.

ENTRIES and FEES

All entries must be within the published qualifying times. Any swimmer who at the time of entry for the Meet has achieved a time faster than the published limit time may not enter that event. Should it transpire at any stage that a swimmer has submitted an ineligible entry then the entry will be rejected and the fee forfeited.

Entry Fees are **£5.00** per swim for **50m, 100m and 200m events** and **£6.00** per swim for **400m, 800m and 1500m events**. **PLEASE MAKE SURE THE CORRECT FEE IS PAID FOR THE SWIMS REQUIRED.**

Entries can be submitted electronically using Hytek software. A file can be obtained by contacting the promoter at MeetEnquiries@readingswimclub.org.

Alternatively completed entry forms and a summary sheet must be submitted for each club.

The appropriate entry fees, returned to: **Meet Manager, Reading Swimming Club, 15 Falstaff Avenue, Reading, Berkshire, RG6 5TQ**. Any queries should be addressed to: - MeetEnquiries@readingswimclub.org

Remittances should be made payable to Reading Swimming Club. Club entries should be collected together and sent with one cheque for the requisite sum rather than a series of smaller cheques.

Entries shall be accepted up to and including the closing date on Monday 5th March 2012. The promoter reserves the right to restrict entries in the interest of safety, time constraints and to ensure the smooth running of the competition. This will be based on the relative number of swims. Events chosen for restriction will be at the discretion of the promoter with a refund being given to competitors whose entry is denied where this condition has been exercised.

COACHES' PASSES

Coaches' passes are available for poolside access for the whole meet. They are available with or without meals between all sessions (five meals in all) and will all include a full set of programmes. Passes cost from £8 a day / £24 for all 7 sessions with no food, or £12 a day with food / £32 for the entire meet). *The ASA stipulates a poolside supervision ratio of not more than 10 athletes to a coach/manager. Coaches must be a member of the club competing, hold a coaches' pass issued by Reading Swimming Club and comply with the relevant ASA child safe guard procedures and have an up to date CRB certificate.*

ACCEPTED ENTRIES

After the closing date for entries, a list of accepted/rejected entries will be published on the Reading Swimming Club website by Monday 19th March 2012. Email notification will be sent to a named club email address. Refunds in respect of rejected entries will be returned with the coaches' pack at the meet or by post afterwards, if not picked up.

Prior to the Meet a list of entries will be made available. It will be the responsibility of the club representative to carefully check all entries for correct name spellings, ages and entry

times. Any errors must be reported to the Meet Promoter by the date specified when this information is made available.

WITHDRAWALS

This will be a card-less meet. Withdrawals must be made on an official withdrawal form to be submitted 45 minutes before the start of the session. The swimmers club may be subject to a fine of £5 per notification failure.

RESULTS

The results will be posted on poolside on the day and also posted on the Reading Swimming Club website: www.readingswimclub.org. These will typically be posted later in the evening after each day's swimming.

GENERAL

Swimmers must wear suitable clothing and footwear on poolside. No wet clothing or swimmers are allowed in the spectator seating area.

Following Child Protection guidelines, all photographic equipment including mobile phones with photographic capability must be declared and registered in a book which will be located by the entrance table. Should any person be seen using photographic equipment which has not been registered, they may be asked to leave the premises.

Possessions and articles must not be left unattended as the Promoter and Pool Management will not accept liability for any loss or damages that may occur during the meet.

For safety and comfort reasons we request that all swimmers place their swimming bags in the lockers provided.

Time trials will not be allowed.

Sessions lengths may be subject to change, within reason, at the promoter's discretion. For any matters not covered by these Conditions the Meet Management will make any decisions it deems necessary to provide for the satisfactory running of the competition. By submitting an entry participants have deemed to agree to such decisions.

SPECTATORS

Please note that Spectator Entry shall be by colour coded wristbands. Entry fees will be £3.50 per session or £6 per day. A full competition spectator pass will be £12. Children and O.A.Ps, £2.00 per session, Children under 5, free. Meet Programme will be at an additional charge of £3. Reading Swimming Club is not responsible for parking charges at the pool as this is at the discretion of the council.

The Promoter reserves the right to refuse admission to any spectator, swimmer or coach.

OFFICIALS

Due to the new ASA conditions for Level 2 Licensed Meets, any club sending swimmers will be asked to supply the name and contact details of at least one licensed Judge Level 1 and one licensed Judge level 2 to support the officiating of the meet over the three days. These names and contact details must be submitted on the Consolidated Entry Form to secure the acceptance of the club's entry.

If you are a swimming official timekeeper, we would be very pleased to hear from you, if you can assist us in one or more session. Please contact meetenquires@readingswimclub.org. If you are working towards a qualification and require mentoring, please contact us and we will try and help you.

Please remember without officials this meet cannot happen so your support will be appreciated.

Skins Events

1. These 'Skins Events' will be a continuous competition commencing with 6 competitors and over a continuous series of races over a distance of 50m. One or more competitors will be eliminated in each round until a winner is determined. Races in each competition will take place following an interval of 3 minutes from the start of the previous race a warning signal being given 10 seconds prior to the start of each round.
2. Skins competitions will be held for:
 - a) Girls (Junior - Under 13) - Freestyle on 7th April 2012
 - b) Boys (Junior - Under 13) - Freestyle on 7th April 2012
 - c) Girls (Open Age Group) - Freestyle on 7th April 2012
 - d) Boys (Open Age Group) - Freestyle on 7th April 2012
 - e) Girls (Junior - Under 13) - Medley on 8th April 2012
 - f) Boys (Junior - Under 13) - Medley on 8th April 2012
 - g) Girls (Open Age Group) - Medley on 8th April 2012
 - h) Boys (Open Age Group) - Medley on 8th April 2012

Events (a) and (b) will swim concurrently, with a separation of 90 seconds between the starts of the boys and girls races. The girls' competition will start first. Events (c) and (d) (e) and (f) and (g) and (h) will follow a similar format.

3. Senior Medley and Freestyle Skins: £50 for the winner. £10 per round winner (Heats 1 to 4) *Prize money for each heat winner is to encourage faster heats.*
Junior Medley and Freestyle Skins: £10 for winner only
4. The competitors for each event will be the fastest six swimmers plus two reserves from the published results from the qualifying events. Should a qualifying swimmer not wish to compete then the reserves will be invited to compete.
5. Lanes will be allocated on the basis of 'spearheading' in accordance with FINA swimming rule SW312 – the swimmer with the fastest qualifying time occupying the centre lane. Swimmers are required to swim in their allocated lane whilst they remain in the competition until the final race. The remaining two swimmers will occupy the centre lanes – the right most swimmer occupying Lane 3 the second swimmer in Lane 4.
6. The stroke for the initial medley race will be made by random draw from a choice of Freestyle, Breaststroke, Butterfly and Backstroke. Draws for subsequent rounds will be made by the eliminated swimmer from the previous round by random draw. Separate draws will be made for the Male and Female events.
7. The first race in each Event will commence in accordance with ASA Swimming Rules governing the start of the selected stroke. Each race will be over a distance of 50m.
8. Subsequent rounds will start at the starting end of the pool, following an interval of 3 minutes from the previous start. A warning whistle will be blown 10 seconds prior to the starting signal being sounded. No verbal commands will be given.

Competitors' feet, or hands in the case of Backstroke must be in contact with the starting platform or grips when the start signal is given. A swimmer who starts before the starting signal will be eliminated by disqualification.

9. In all races swimmers are required to comply with the FINA Swimming Rules regarding Stroke and Finish conditions – failure to do so will lead to elimination by disqualification.
10. The slowest competitor in each round will be eliminated – unless a competitor has been eliminated by disqualification, in which case the slowest competitor remains in the competition.
11. In the case of more than one swimmer being disqualified, or a dead heat for the slowest swimmer all affected swimmers will be eliminated. The next round will then be swum, with the slowest swimmer still being eliminated.
12. In the case of a dead heat in the final race, it will be re-swum as an additional round in accordance with the event conditions. Determination of the result following a subsequent dead heat maybe determined by any means agreed by the affected swimmers.

**Reading Swimming Club
Easter 2012
Consideration times: Male Events**

To enter you must be faster than the times shown in the table below.

<u>BOYS</u>							
Events	10	11	12	13	14	15	16 & Over
50m Freestyle	0:39.3	0:37.2	0:35.1	0:33.1	0:31.3	0:29.9	0:29.0
100m Freestyle	1:26.8	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6	1:02.6
200 Freestyle	3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8	2:16.3
400 Freestyle	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5	4:48.7
1500 Freestyle	26:50.1	24:40.7	22:48.6	21:33.8	20:30.4	19:43.1	19:06.6
100 Breast Stroke	1:51.08	1:43.4	1:36.9	1:30.1	1:25.1	1:21.0	1:18.4
200 Breaststroke	3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8	2:50.7
100 Butterfly	01:39.0	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7	1:08.8
200 Butterfly	3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5	2:31.7
100 Backstroke	1:37.8	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5	1:09.3
200 Backstroke	3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3	02:29.8
200IM	3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2	2:33.7
400IM	7:35.6	6:59.7	6:34.3	6:12.0	5:50.3	5:34.6	5:25.4

Cut-Off times: Male Events

To enter you should not be faster than the times below.

<u>Boys</u>							
Events	10	11	12	13	14	15	16 & Over
50m Freestyle	0:31.1	0:29.6	0:28.1	0:26.8	0:25.8	0:24.5	0:24.0
100m Freestyle	1:08.3	1:03.8	1:00.2	0:57.1	0:55.3	0:53.0	0:51.9
200 Freestyle	2:27.0	2:18.5	2:10.8	2:04.1	2:00.0	1:55.2	1:53.3
400 Freestyle	5:11.0	4:50.0	4:35.0	4:21.9	4:13.9	4:04.2	4:00.7
1500 Freestyle	21:17.8	19:39.2	18:23.3	17:27.6	16:54.2	16:28.9	16:26.0
100 Breast Stroke	1:28.5	1:22.0	1:17.7	1:12.9	1:10.5	1:07.0	1:05.6
200 Breaststroke	3:05.8	3:00.0	2:48.4	2:39.0	2:33.5	2:26.2	2:23.2
100 Butterfly	1:19.1	1:12.0	1:08.4	1:03.9	1:01.4	0:58.3	0:57.2
200 Butterfly	2:59.6	2:43.0	2:32.2	2:22.0	2:16.0	2:09.2	2:07.0
100 Backstroke	1:18.3	1:12.5	1:08.5	1:04.6	1:02.1	0:59.2	0:58.2
200 Backstroke	2:47.5	2:35.80	2:26.6	2:18.4	2:13.9	2:08.0	2:06.2
200IM	2:48.5	2:38.5	2:29.4	2:21.3	2:16.6	2:10.7	2:08.8
400IM	6:05.0	5:39.6	5:16.0	4:59.4	4:50.2	4:36.9	4:34.1

Reading Swimming Club Easter 2012

Consideration times: Female Events

To enter you must be faster than the times shown in the table below.

<u>GIRLS</u>							
Events	10	11	12	13	14	15	16 & Over
50m Freestyle	39.9	37.7	35.7	34.3	33.3	32.5	32
100m Freestyle	1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9	1:08.7
200 Freestyle	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2	2:28.0
400 Freestyle	6:35.7	6:04.9	5:43.7	5:29.8	5:20.8	5:13.8	5:10.2
800 Freestyle	14:05.0	12:34.3	11:50.8	11:17.3	10:57.8	10:46.5	10:37.8
100 Breast Stroke	1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1	1:26.2
200 Breaststroke	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9	3:05.8
100 Butterfly	1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9	1:15.8
200 Butterfly	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9	2:44.8
100 Backstroke	1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1	1:16.1
200 Backstroke	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8	2:42.4
200IM	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5	2:47.2
400IM	7:35.3	6:57.3	6:32.0	6:14.4	6:03.1	5:55.8	5:50.5

Cut-Off times: Female Events

To enter you should not be faster than the times below.

<u>GIRLS</u>							
Events	10	11	12	13	14	15	16 & Over
50m Freestyle	0:31.7	0:29.9	0:28.9	0:28.5	0:27.8	0:27.3	0:27.2
100m Freestyle	1:09.9	1:05.2	1:02.2	1:00.4	0:59.5	0:58.3	0:58.2
200 Freestyle	2:28.2	2:20.4	2:13.8	2:09.7	2:07.9	2:05.2	2:04.7
400 Freestyle	5:06.0	4:53.0	4:40.1	4:32.4	4:28.0	4:22.5	4:21.8
800 Freestyle	11:29.3	10:10.3	9:38.4	9:20.5	9:13.7	9:08.5	9:06.3
100 Breast Stroke	1:29.6	1:23.4	1:19.2	1:16.6	1:15.4	1:13.8	1:13.6
200 Breaststroke	3:11.8	2:58.7	2:49.4	2:44.6	2:42.4	2:39.6	2:38.9
100 Butterfly	1:19.3	1:14.0	1:09.7	1:07.3	1:06.0	1:04.6	1:04.3
200 Butterfly	2:58.3	2:43.3	2:33.8	2:27.5	2:25.0	2:21.3	2:20.8
100 Backstroke	1:18.7	1:13.3	1:09.6	1:07.4	1:06.2	1:04.7	1:04.4
200 Backstroke	2:46.0	2:36.0	2:28.4	2:23.8	2:21.8	2:18.5	2:18.1
200IM	2:48.4	2:38.5	2:31.4	2:27.2	2:24.9	2:21.9	2:21.3
400IM	5:50.0	5:37.2	5:19.3	5:09.5	5:05.3	4:59.8	4:58.6

READING SWIMMING CLUB Reading Easter Open Swim Meet ENTRY FORM

First name		Surname	
Date of birth		Sex	
Age as of 6 th April 2012		ASA number	
Club		Contact Phone Number	
Contact Email Address:			
Event	Entry time	Fee per race £	
50m Freestyle		£5.00	
100m Freestyle		£5.00	
200m Freestyle		£5.00	
400m Freestyle		£6.00	
800m Freestyle (female only)		£6.00	
1500m Freestyle (male only)		£6.00	
100m Breaststroke		£5.00	
200m Breaststroke		£5.00	
100m Backstroke		£5.00	
200m Backstroke		£5.00	
100m Butterfly		£5.00	
200m Butterfly		£5.00	
200m Individual Medley		£5.00	
400m Individual Medley		£6.00	
Number of entries @ £5.00 _____			
Number of entries @ £6.00 _____			
Total Value of entry fees £			

The completed entry forms together with fees made payable to Reading Swimming Club must be received by the event organiser no later than closing date Monday 5th March 2012.

The event organiser:- Home Meets Manager, 15 Falstaff Avenue, Earley, Berkshire RG6 5TQ



READING SWIMMING CLUB Reading Easter Open Swim Meet

Affiliated to the South East Region
(Under ASA Laws and Technical Rules of swimming)

EASTER WEEKEND, Friday 6th – Sunday 8th April 2012

PROMOTERS CONDITIONS

SUMMARY ENTRY FORM

CLUB

Number of Entries @ £5.00 _____ = £ _____

Number of Entries @ £6.00 _____ = £ _____

Number of Day Coaches' Passes @ £8.00 _____ = £ _____

Number of Day Coaches' Passes + Food @ £12.00 _____ = £ _____

Number of Full Coaches' Passes @ £24.00 _____ = £ _____

Number of Full Coaches' Passes + Food @ £32.00 _____ = £ _____

TOTAL Value of Entry Fees = £ _____

Signature

Contact Details

Name

Telephone Number

Email

This meet will operate without cards, swimmers are required to sign in on arrival

The completed entry forms together with fees made payable to Reading Swimming Club must be received by the event organiser no later than closing date Monday 5th March 2012.

The event organiser:- Home Meets Manager, 15 Falstaff Avenue, Earley, Berkshire RG6 5TQ

Reading Swimming Club



Due to the new ASA conditions for Level 2 Licensed Meets, any club sending swimmers will be asked to supply the name and contact details of at least one licensed Judge Level 1 and one licensed Judge level 2 to support the officiating of the meet over the three days. These names and contact details should be submitted below to secure the acceptance of the club's entry.

Thank you for your help,

CLUB

OFFICIALS NAME.....

Available and qualified as Timekeeper/ Starter/ Judge/Turn Judge/ Chief
Timekeeper/Referee

(please circle)

CONTACT NUMBER.....

OFFICIALS NAME.....

Available and qualified as Timekeeper/ Starter/ Judge/Turn Judge/ Chief
Timekeeper/Referee

(please circle)

CONTACT NUMBER.....

OFFICIALS NAME.....

Available and qualified as Timekeeper/ Starter/ Judge/Turn Judge/ Chief
Timekeeper/Referee

(please circle)

CONTACT NUMBER.....